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## 'CANADIANIZE' YOURSELF

DAY 2 OF METRO'S LOOK AT IMMIGRATION: EDUCATED NEWCOMERS HOPE TO LAND ON 'ELIGIBLE OCCUPATIONS' LIST, BUT OFTEN SETTLE FOR 'SURVIVAL JOBS' TO STAY AFLOAT **PAGE 11**



## British Birdy learning to fly (up the charts)

Use Metro AR to hear her sing **PAGE 14**

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The Great Divide Waterfall before environmental concerns forced the city to turn off the attraction in 2009. City councillors voted Monday against funding that would have allowed the project to resume.

COURTESY CITY OF EDMONTON

# High Level Waterfall taps turned off

## Budget crunch.

Artist said he wouldn't want funding to come from taxpayers



**RYAN TUMILTY**  
ryan.tumilty@metronews.ca

The artist who first brought Edmonton the High Level Bridge's Great Divide Waterfall said he would have rejected any further city spending on it.

Faced with mounting costs, councillors on the city's community services committee voted to return the \$735,000 already allocated to the project back to the general budget.

To restart the waterfall, council would have had to spend at least \$1.1 million and likely as much as \$2.6 million.

## Quoted

**"It didn't cost the taxpayer a cent and 35 years later it shouldn't cost them a cent now."**

Artist Peter Lewis

Artist Peter Lewis said the project was initially built with donated funds and he doesn't want the city funding it.

"It didn't cost the taxpayers a cent and 35 years later it shouldn't cost them a cent now," he said.

"If they had decided to do it, to give the money, I would have rejected it in principle."

Lewis said he is disappointed the city didn't do more to maintain the waterfall, but he will accept its time has come.

"Arts and life are synonymous and life is impermanent so

things come and things go," he said.

While there was little debate at council about spending more funds on the project, some councillors want to preserve the \$735,000 council had already allocated in the hopes the remaining funds might be fundraised.

"This was something that was gifted to the city at a significant expense to a number of people," said Coun. Ben Henderson.

Coun. Scott McKeen said he didn't like the idea of a fundraising campaign to save the waterfall, because it would see the city compete with other charities.

"When we go out and ask the community for \$2.5 million or thereabouts, that dips into a pot of money that's being chased by every non-profit social agency in the city."

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Progressive Conservatives

## Hancock looks to close trust fund

Premier Dave Hancock has asked his governing Progressive Conservative party to wind down a controversial trust fund.

Hancock told reporters Monday it's important that the \$1.6 million currently sitting in the Tapcal trust fund be seen as above board. "In the interest of openness and transparency they should have a look at it and let people know exactly what it is and why it's there," said Hancock.

Details of the three-decades-old fund were revealed in The National Post last week, and Hancock said he doesn't want the issue to linger. "Government doesn't need the distraction, and if somebody thinks something is hidden, nothing is hidden," he said.

The fund was established in 1977 as new financing rules took effect requiring all party assets to be open to public scrutiny.

The government of then Tory premier Peter Lougheed grandfathered the fund in, exempting it from public disclosure.

But while PCs did not have to publicly disclose the assets in the fund, they still had to divulge all transactions in the fund, which it failed to do for two decades until Elections Alberta ordered it to in 2007.

The Tories have used the fund for campaign spending and as collateral for loans for elections.

Wildrose Leader Danielle Smith says there are still a lot of questions about the fund, including who contributed to it.

THE CANADIAN PRESS

# Legislature rejects GSA motion

A move to make gay-straight alliances (GSA) more accepted in Alberta schools failed in the provincial legislature Monday night.

Liberal MLA Kent Hehr put forward the motion that would have required every school in the province to support GSAs if students asked for one in their school.

University of Alberta student Kiana Chouinard, who

helped run the GSA at Strathcona High School when she was a student there, said when she first joined she really needed the support.

"When I was first going into high school I had just come out. I wasn't really sure where my support was going to be," she said. "When I found my GSA it literally changed my life."

Hehr said he believes the groups should be a no-brainer

for schools, especially with LGBT students facing higher levels of bullying.

"We have to do better; make kids lives better today and gay-straight alliances are a way to do it," he said.

Hehr said he understands there may be some objections, but publicly funded schools have to be welcoming and supportive of all students.

RYAN TUMILTY/METRO



Liberal MLA Kent Hehr put forward the GSA motion. METRO FILE

# Artist space going up on Alberta Avenue

**\$4M.** City will fund project the private sector failed to endorse



RYAN TUMILTY  
ryan.tumilty@metronews.ca

Alberta Avenue will be getting a new home for artists and art, after city councillors gave the green light to spending \$4 million on an arts common project.

Cheers rose up in the meeting when councillors voted to fund the project. Christy Morin, with Arts on the Ave, said it's a great step forward.

"This neighbourhood has needed this for a very, very long time, so we're just ecstatic beyond belief that it's happening today," she said.

The project proposes to have gallery, retail and theatre space on the ground floor of a building that will sit on the former Alberta Cycle building. The second



City council approved \$4 million for the Alberta Avenue arts common, slated for this green space area, after the previous council delayed the proposal in 2013. METRO FILE

floor will be taken up with live-work space for up to 10 artists.

The previous council had delayed the project, after Mayor Stephen Mandel raised concerns about the value the city was getting for the investment. He asked administration to look at private sector

involvement, but administration reported there was no interest from the private sector.

Denise LeClair, with the area's business association, said it would help the area finally put behind its troubled reputation.

"We are a great place to go to and this is going to make it

an even better place to go to," she said.

Mayor Don Iveson said the city has worked for years to improve this area and this project will act as the capstone on that effort.

"This is the big, final piece of puzzle to tie a lot of that together."

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St. Gabriel is one of four schools currently being considered for closure by the Edmonton Catholic School Board.

LEAH GERMAIN/METRO

## Community pleads to keep school open

### Considering closure.

Edmonton's Catholic board was faced with concerned parents

Parents and community stakeholders crowded into a central Edmonton elementary school Monday night in hopes of pleading their case to the city's Catholic school board to keep the small school open.

Following a March 18 decision by ECS board of trustees to consider closure of St. Gabriel School, local parents offered six trustee members and the district's superintendent Joan Carr alternatives to closing the school at an April 7 public

meeting.

With one daughter attending St. Gabriel, Edmonton parent Jill Schlender said her family moved into the community because they loved the mature neighbourhood with existing amenities, including a school.

"We would be at open arms to explore other options," Schlender said.

Schlender said with both districts in Edmonton dealing with enrolment pressures, the city and school boards need new ways to address the problem.

"We recognize that we all need schools," she said. "But I feel this process really pits communities against communities."

By suggesting different

options like partnering with groups to redevelop the school property and add much needed amenities, like senior housing, parent Lana Brenneis said the community could keep their school.

"We have a really diverse demographic in this neighbourhood so we would like to see something that would meet the needs of all age groups," Brenneis said. "Not having a school is not good for our community."

The school board is considering closing St. Gabriel, along with St. Kevin, St. James and St. Brendan schools and replace the schools with a new \$25.7 million K to Grade 9 facility built on the current St. Brendan site at 5825 93A Avenue.

LEAH GERMAIN/METRO

### On the roads

## City closes Connaught Drive for construction

New construction for 102 Avenue over Groat Road Bridge started Monday, prompting the city to close down roadways along Connaught Drive.

City officials say the bridge has reached needs to be replaced.

With plans to keep roads between 102 Avenue and north of 102 Avenue closed for the next 19 months, the city will be using the area as a construction lay down area for bridge redevelopment. **METRO**

## Eye set on PC leadership. Ken Hughes quits as Alberta cabinet minister

Ken Hughes has stepped down as Alberta's municipal affairs minister and is expected to run for the leadership of the governing Progressive Conservatives.

Hughes says more details about a potential leadership bid will be released in the coming days.

Hughes is a rookie member of the legislature from Calgary West and has also served as energy minister.

He says he has a good combination of political and business experience to do the

top job.

Lethbridge member of the legislature Greg Weadick will take over for Hughes in the municipal affairs job.

THE CANADIAN PRESS



Ken Hughes THE CANADIAN PRESS



The field behind Florence Hallock School, Poplar Park, serves up to 12 surrounding communities. LEAH GERMAIN/METRO

# Frustrated parents toil to help fund playground

## Poplar Park.

Community rallies to build playground in barren schoolyard



LEAH GERMAIN  
leah.germain@metronews.ca

As the snow recedes in the field behind Florence Hallock School, students and parents have little to look at besides an empty patch where a playground should be.

Parents say the north Edmonton school, built in 2010, missed out on a school board-funded playground thanks to a now-changed district policy. Since the school sits on what the city considers a district park, it's up to parents to help cover the playground's hefty price tag.

"When they build schools, they do not budget or set aside a pot of money for playgrounds. It's left to the community to do after the fact," explained Noela Shields, the lead on a community initiative to raise \$600,000.

Shields said the playground, to be situated in

## Goalposts

Raising money with popcorn sales and bottle drives, the parent group needs to bank \$125,000 in order to receive matching funds from the province and \$200,000 from the city for the first phase of the park.

Poplar Park, has to be large enough to serve the 12 surrounding communities. That means the playground will likely need to include a \$100,000 basketball court and splash park that could hike the project to upwards of \$1.5 million.

"It costs more," she added. "The city will not allow us to put, say, a \$200,000 little playground set (in the park) and be done with it."

With \$95,000 already raised to date, Shields said parents are both exhausted and frustrated it's taken so long to gain momentum.

Local Coun. Dave Loken, who has been working with the parent group to source city and provincial dollars, conceded "it takes time to raise money to do these things."

## Transit

### Metro LRT Line to be powered up

Full power will be given to the Metro LRT Line starting Tuesday, as city officials test out the line before it's up and running. While the line won't open until December due to delays, the city wants to power up the overhead wires as part of the final infrastructure.

STEPHANIE DUBOIS/METRO

## Air Canada

### EIA lauded for punctuality

Edmonton International Airport received top honours for having the most on-time Air Canada flights among major Canadian airports in 2013, as announced Monday.

Airport officials say they are proud of the accomplishment for the specific airline. METRO

## RCMP

### Full-time officers assigned to child abuse centres

The head of Alberta's RCMP has announced where some of the province's 40 new officers will be stationed.

The Sheldon Kennedy Child Advocacy Centre in Calgary and the Zebra Child Protection Centre in Edmonton are each getting one Mountie

full time.

Commanding Officer Mari- anne Ryan said Monday that officers have worked closely in the past with city police at both centres.

"Child abuse and sexual exploitations are serious crimes that require dedicated resources," she said.

The government announced the 40 new positions in last month's provincial budget as part of its \$227-million policing contract with the RCMP. THE CANADIAN PRESS



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# Liberals win Quebec vote with majority government

**Politics.** Sovereignty likely put to rest for awhile after PQ fails to deliver win

The doctor is in.

Philippe Couillard, a former neurosurgeon, led his Liberal troops to a majority win in the Quebec election Monday night, 18 months after the party was turfed out of power under Jean Charest.

The red Liberal tide flowed early across Quebec's electoral map, sweeping over the incumbent Parti Québécois, which had been battered by questions about its plans for a third sovereignty referendum that

most Quebecers flatly said they didn't want.

The Liberals had between 40 and 45 per cent of the popular vote, compared with less than 30 per cent for the PQ.

The Coalition for Quebec's Future, which had rebounded in support in recent days, came in a distant third.

While no pundit would be foolish enough to declare sovereignty dead, the option has likely been put to sleep for a while. Some observers have suggested it could be years, if not decades, before it is revived.

Couillard, who was a popular health minister under Charest until 2008, stoked the fears of a referendum after star PQ candidate Pierre Karl Peladeau entered the election and



Quebec Liberal leader Philippe Couillard and his wife, Suzanne Pilote, take the stage after winning the provincial election Monday in Saint-Félicien, Que. JACQUES BOISSINOT/THE CANADIAN PRESS

declared he wanted to build an independent Quebec.

Parti Québécois Leader Pauline Marois mused what a sovereign province of Quebec would be like for days after

**Defeated**

## Marois to step down

Pauline Marois is stepping down as Parti Québécois leader after Monday's crushing election defeat. She gave no details in her speech on Monday night about when she will leave the party. **THE CANADIAN PRESS**

that, something that allowed her party to be knocked off its message to the point where it never really recovered. **THE CANADIAN PRESS**

### Homelessness

## 'Housing first' works, saves money: Report

New conclusions by the Mental Health Commission of Canada suggest the "housing first" approach is showing results, with over 2,000 homeless Canadians finding housing. The study suggests it has been cost-effective. **THE CANADIAN PRESS**

### Health care

## Prepare for legal assisted suicide: Doctors' group

A group of palliative-care doctors says it's time to move beyond the "yes or no" debate about physician-assisted death and begin preparing for its eventual legalization in Canada.

**THE CANADIAN PRESS**

# Courts should compel spousal testimony, says justice minister

Allowing people to refuse to testify against their spouses is an "obstacle" to getting at the truth in a court of law, says Justice Minister Peter MacKay.

Currently, under the Canada Evidence Act, spouses can refuse to testify against their partners except in certain

specific cases such as sexual assaults or those involving children.

New legislation introduced last week by the Harper government would remove that right.

MacKay defended the move Monday at a victims of crime

conference in Ottawa, calling the provision outdated.

He said courts need to compel testimony from all witnesses of crime, including spouses.

"We do not feel that spousal immunity should present an obstacle to bringing important evidence before a court of

competent jurisdiction," said MacKay.

"We feel that in cases of murder, in cases of terrorism, serious fraud, if a spouse has important evidence that the court needs to consider, that evidence should be there."

**THE CANADIAN PRESS**

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# The battle for part of east Ukraine

**Protests.** Pro-Russians seize a building and proclaim the region around the city of Donetsk independent

Pro-Russian separatists who seized a provincial administration building in the eastern Ukrainian city of Donetsk proclaimed the region independent Monday — an echo of events prior to Russia's annexation of Crimea. Ukrainian authorities called the move an attempt by Russia to sow unrest.

The Interfax news agency said the activists demanded that a referendum be held no later than May 11 on the possible secession of the Donetsk region.

President Oleksandr Turchinov called the events gripping eastern regions an operation undertaken by Rus-



Gathering at a barricaded building in Donetsk, Monday. THE ASSOCIATED PRESS

sia to sow instability. Since Crimea held a secession referendum and then was annexed

by Russia, calls for similar votes in Ukraine's east have emerged. THE ASSOCIATED PRESS

## Movie Noah. Banned in two Muslim nations for depicting the prophet

Malaysia and Indonesia have banned Noah, a biblical epic, joining other Muslim nations that forbid the movie for its visual depiction of the prophet.

Film censors in both countries said that Russell Crowe's portrayal of Noah was against Islamic laws. Depictions of any prophet are shunned in Islam to avoid worship of a person rather than God.

"The film Noah is not allowed to be screened in this country to protect the sensitivity and harmony in Malaysia's multiracial and multi-religious community," said Abdul Halim Abdul Hamid, Censorship Board chairman.

Many Indonesians condemned the ban on social media.

Much of the Muslim world, including the UAE, Qatar and Bahrain, has already banned the film, which is a box-office hit in the U.S. Some Christian conservatives also have complained of its inaccurate portrayal of the biblical account



Actor Russell Crowe poses at Noah's premiere in Paris. THE ASSOCIATED PRESS

of the flood.

Paramount Pictures added a disclaimer to its marketing material, saying "artistic license has been taken" in telling the story.

The Qur'an mentions only 25 prophets by name, including Noah. While there are differences between the biblical and Quranic story of Noah, both mention a flood and Noah's vessel saving a pair of each animal species.

THE ASSOCIATED PRESS

### Washington mudslide

#### Search continues for more victims

The death toll from the landslide that hit a U.S. town last month rose to 33 on Monday. All but three have been identified; 12 were still missing as of Monday.

As the search continues in the debris for bodies, engineers are working on a rock and gravel barrier to prevent the river from flooding parts of the debris field. THE ASSOCIATED PRESS

### Human rights

#### Cyprus urged to reunite migrant women and kids

Europe's top human rights official, Nils Muiznieks, said he's "very concerned" about Cyprus officials holding women in detention centres and separating them from their children until their deportation. He called the practice "irreconcilable" with Cyprus' legal obligations. THE ASSOCIATED PRESS

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Oscar Pistorius listens to evidence by a pathologist in court in Pretoria, South Africa, Monday. THEMBA HADEBE, POOL/THE ASSOCIATED PRESS

## 'I was simply trying to protect Reeva,' Pistorius tells her family

**Blade Runner testifies.** Double-amputee says he has been taking antidepressants and has trouble sleeping

His voice shaking, Oscar Pistorius took the witness stand Monday for the first time, testifying that he was trying to protect the girlfriend he killed and that he became so tormented by memories of the fatal shooting and panic attacks that he once hid helplessly in a closet.

Pistorius also offered an apology to the family of Reeva Steenkamp, who died from multiple wounds after the double-amputee runner

shot her through a closed toilet door last year in his home. He said he mistook Steenkamp for an intruder.

"I was simply trying to protect Reeva," the athlete said as Steenkamp's mother, June, looked impassively at him in the courtroom. "I can promise that when she went to bed that night she felt loved," Pistorius said.

Pistorius' display of anguish and remorse was a marked departure from the testimony of some prosecution witnesses whose accounts painted a picture of the runner as a hothead with a jealous streak, an inflated sense of entitlement and an obsession with guns.

Pistorius, 27, spoke in a soft, quavering voice at the start of his testimony, forcing Judge Thokozile Masipa to ask him to speak more loudly.

Defence lawyer Barry Roux, who had aggressively challenged prosecution witnesses since the trial began March 3, led Pistorius gently through events in a life that was held up, in the runner's heyday, as an inspiring tale.

THE ASSOCIATED PRESS

### Halifax

#### Impaired driver had two kids in car: Cops

Police in Halifax say a 36-year-old woman driving with two kids in her car, including an eight-month-old infant, has been charged with impaired driving for being five times over the legal blood-alcohol limit.

Halifax RCMP say an officer saw a car stopped in the middle of Forest Hills

Parkway in Cole Harbour around noon on Sunday.

The driver was immediately arrested for impaired driving, and police say when she provided breath samples, came in at five times above the legal limit.

An eight-month-old infant and an 13-year-old child were in the car. Police say arrangements were made for the children to be put in the care of someone else. METRO IN HALIFAX

### Cancun, Mexico

#### Man on vacation drowns saving boy from rough surf

A western Pennsylvania man has drowned while saving a young boy caught in rough surf while the man was vacationing in Cancun, Mexico.

Fifty-year-old Jeff Brown, of Farrell, was vacationing with his girlfriend, Tracy

Duez, and other couples.

Duez' sister, Wendy Donner, says Brown entered the water to save the boy even though there were red flags on the beach warning of a dangerous undertow. Witnesses say Brown helped the boy onto a life buoy but was himself caught in the undertow and died.

The J. Bradley McGonigle Funeral Home staff are working to fly Brown's body home. THE ASSOCIATED PRESS

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### Quoted

"I climbed into a cupboard and I phoned my sister to come and sit by me, which she did."

Oscar Pistorius, describing at his trial in South Africa how he hid in a closet after waking up in "a panic" one night.

# A nation struggles to cope with memories of genocide



A boy takes part in a Rwandan-genocide memorial rally Monday on Parliament Hill in Ottawa. FRED CHARTRAND/THE CANADIAN PRESS

**Rwanda.** It's been 20 years since large-scale massacres saw 1 million people killed in 3 months

Displaying pride and pain, Rwandans on Monday marked the 20th anniversary of a devastating 100-day genocide that saw packed churches set on fire and machete-wielding attackers chop down whole families from a demonized minority.

Blood-curdling screams and sorrowful wails resounded in a sports stadium as world leaders and thousands gathered to hear of healing and hope.

President Paul Kagame and UN Secretary-General Ban Ki-moon together lit a flame at the Kigali Genocide Memorial Centre, which estimates that more than 1 million Rwandans perished in three months of machete and gunfire attacks.

In one scene, a young girl recounted the torture of a boy. Spectators screamed and the severely traumatized were carried off. By the end, Rwandan actors lay scattered throughout the field, representing the dead.

The UN chief said he hopes to reaffirm the international community's commitment to the idea of "never again," though he said genocide is still possible. Mass graves were required to bury the victims of what the government says was a long-planned killing spree that ignited after the plane of then-president Juvenal Habyarimana, a Hutu, was shot down.

Kagame's critics say that progress has been marred by an authoritarian approach.

Human Rights Watch, which Kigali practically views as an enemy organization, says civil and political rights in the country remain severely curtailed.

THE ASSOCIATED PRESS

## France's role

### Genocide's colonial beginnings

The French government, which Rwanda banned, was missing from the stadium. In an interview published in France Monday, President Paul Kagame accused the former African colonial power of participating in some of the genocide violence.

The ceremony highlighted the influence that white colonial masters had in setting the stage for the violence that erupted in 1994. The audience watched as white people in colonial outfits jumped out of a safari car and stormed the main stage. The wide-brim hats then changed to blue berets, worn by UN troops who did nothing to stop the carnage.

"The people who planned and carried out genocide were Rwandans, but the history and root causes go beyond this beautiful country," Kagame said. THE ASSOCIATED PRESS

## Egypt's anti-gay laws

### Men jailed for homosexual acts

A judicial official says an Egyptian court has convicted four men of committing homosexual acts and sentenced them to up to eight years in prison.

Police arrested the men for holding parties they say involved homosexual acts and where they say they found women's clothes and makeup. Three of the four received eight years while one received three years with hard labour.

THE ASSOCIATED PRESS

## Elsewhere in Egypt

### Grim milestone for jailed journo

Egyptian-Canadian journalist Mohamed Fahmy marked 100 days in a Cairo prison on Monday.

Fahmy was working for Al-Jazeera English when he was arrested on Dec. 29 along with two colleagues. Fahmy's trial is set to resume on April 10.

Fahmy and his colleagues have pleaded not guilty to the charges. THE ASSOCIATED PRESS

## Bosnia. Relatives of victims seek to hold Dutch government accountable

The Dutch government put the safety of its own troops ahead of that of Bosnian Muslims during the Srebrenica massacre, lawyers for relatives of thousands of victims of the 1995 slaughter told a court Monday in a civil suit.

The government rejected that charge and said that it had no official control of its troops because they were part of a United Nations peacekeeping mission during the Bosnian war. The comments came in the latest legal battle in the Netherlands over the country's responsibility in Srebrenica.

Some 6,000 relatives of the approximately 8,000 men and boys slain by Bosnian Serb forces in July 1995 are seeking to hold the Dutch government liable. A handful of the relatives listened to the proceedings at The Hague District Court via a simultaneous translation. They sat stoically, mostly in silence, but occasionally responding angrily to the government lawyer's comments.

Lawyers for the relatives are demanding compensation in a case that could set legal precedents for peacekeeping missions. THE ASSOCIATED PRESS



Women from the Bosnian town of Srebrenica wait for judges to enter a courtroom on Monday in The Hague, Netherlands. PETER DEJONG/THE ASSOCIATED PRESS

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# CANADA CAN'T ALWAYS GET WHAT IT WANTS

Our nation prefers immigrants from specific professions, but most don't fit the narrow bill, and face challenges seeking employment.



**Adaptability.** Many educated newcomers must reinvent themselves in order to find success



MIKE  
DONACHIE  
Metro in London, Ont.

Engineers. Give us engineers.

That's the message that flashes before the eyes of any immigrant who takes a look at the list of 24 "eligible occupations" on the website of Citizenship and Immigration Canada, the federal government agency charged with making sure Canada gets the immigrants it needs.

And there are many types of engineers: Civil, mechanical, mining, petroleum, aerospace and geological. Then there are the medical lab technologists, physiotherapists, sonographers and similar health care workers. Land surveyors are on the list, too, and computer programmers.

Those 24 eligible occupations, each with 300 spaces to

fill every year, will get you into Canada as part of the federal skilled worker (FSW) program, even if you don't have a job lined up.

But, instead of a large crop of engineers, Canada's attracting more immigrants along the lines of people like Shirley Edwards.

A highly qualified teacher from the Carlisle in northern England, Edwards came to Canada in 2005, and, simply put, it's been a struggle.

The Calgary resident gained entry to Canada as the wife of a police officer who was headhunted in England, and thought that, with vast experience and two degrees, she would find a job here easily.

She was wrong.

After six years, she had applied for 400 jobs that suited her qualifications and had been invited to exactly zero interviews.

"I gave myself three months, and, if I hadn't found something in three months, I would have to go back to the U.K.," said Edwards, 50, who was by then single and working what she called "a survival job" in a retail store.

What she found was she needed to, in a word, "Canadianize" herself to succeed.

With help from the Calgary Region Immigrant Employment Council, a non-profit that specializes in helping skilled newcomers find the right role,



Shirley Edwards, 50, born in the U.K., isn't exactly the kind of immigrant Canada's looking to attract. She was forced to reinvent herself to find success in the country. CONTRIBUTED

## Brain waste

### The selection process

Sociology professor Jeffrey Reitz, of the Munk School of Global Affairs at the University of Toronto, thinks Canada has the wrong focus when it comes to immigrant employment.

Because most immigrants' work experience doesn't match the list of jobs the government wants filled, the

focus should be instead on getting more newcomers' qualifications validated, he says.

He studied trends in the success of immigrants with university degrees and discovered that educated newcomers are facing increasing difficulty in landing professional or management jobs.

He found that 70.7 per cent of educated, Canadian-born men were in a high-level occupation in 1996, but only 50.4 per cent of

immigrant men with similar backgrounds could say the same. By 2006, that figure for Canadian-born men was similar, but for immigrants it was down to 43.5 per cent.

Reitz calls it "brain waste." "Part of the concern is that, since about 2005 or (2006), we've shifted away from focusing on the problem by selecting immigrants differently, getting away from university education and trying to get immigrants who already have jobs to come into

the country."

Reitz wants to see more services that validate the qualifications immigrants already have.

For example, the organization World Education Services will certify credentials for \$115, and helps about 10,000 people a year. Mentorship programs and "bridge training" offered by groups like the Toronto Immigrant Employment Council also help get newcomers on track to find work. **MIKE DONACHIE/METRO**

Edwards learned a lot.

She started networking and volunteering, and made her resume "more Canadian," changing small things like her British email address.

Eventually, it worked.

Now, she's using her skills at the Bredin Centre for Learning, which helps immigrants find jobs.

And on March 26, she and

her 12-year-old son took their oaths to become Canadian citizens.

"People need to accept that they will not be working in the place they expect," Edwards said.

So, does the reality of economic immigration reflect the government's desire? In a word: No.

A breakdown of last year's

257,887 new permanent residents by occupation, obtained from the CIC, shows that just 65,330 were qualified in the government's much sought-after list. Another 12,609 were clerical workers, labourers or something similar.

The rest, some 179,948? They were classified as "other."

"Other contains a diverse range of occupations," said

a CIC spokesperson. "For example, it could be a spouse (a homemaker) and two children of a principal applicant, or it could be individuals admitted through a software pilot program, or whose occupation is not captured in National Occupations Classifications."

Whatever the explanation, it's clear that most people coming to Canada aren't engineers.

## THE STORY OF US: IMMIGRATION IN CANADA, TOLD IN FIVE PARTS

Day 1  
Change and effect

1

Day 2  
What Canada wants  
vs. what it gets

2

Day 3  
Where we come from,  
where we go

3

Day 4  
Happy times, hard times

4

Day 5  
The future and beyond

5

Online

Live the stories of three immigrants in our five-part video series at metronews.ca



## Cord-cutting craze? Canadians hanging up on landlines, traditional TV

A new study says more Canadians are abandoning traditional forms of phone and television service.

The Convergence Consulting Group says about one-quarter of households in Canada won't have a wired phone by the end of 2014 and rely solely on wireless service, up from 22.4 per cent in 2013.

The Toronto-based con-

sulting group also says households are increasingly switching to new sources for their television, but the trend isn't as far advanced.

Convergence Group says online television services such as Netflix will reach almost six per cent, or 665,000 households, by the end of this year — up from about four per cent.

THE CANADIAN PRESS

### Exotic car rentals

#### Be James Bond in an Aston Martin, if only for a day

There's a chance now for the middle class to feel like movie stars. Or for a movie star to feel like a movie star away from home.

Recently, some of the biggest car rental companies have added the finest cars money can buy to their fleets. Alongside the practical Toyotas and Fords are Ferraris and Aston Martins.

THE ASSOCIATED PRESS

### Controversial group

#### Chili's nixes autism fundraiser after heated criticisms

Chili's cancelled a fundraiser Monday for a group that states on its website that autism can be triggered by vaccinations, a position that has been widely discredited by the medical community.

The restaurant chain planned on donating a portion of its sales on Monday to the National Autism Association.

THE ASSOCIATED PRESS

### Market Minute

**DOLLAR**  
91.17¢  
(+0.10¢)

**TSX**  
14,270.33 (-122.77)

**OIL**  
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**Natural gas:** \$4.47 US (+\$0.03)  
**Dow Jones:** 16,245.87 (-166.84)

**GOLD**  
\$1,298.30 US (-\$5.20)

# Airline complaints drop despite rise in late flights

**Report.** While griping is a national pastime in the U.S., few bother to lodge official complaints

A big drop in customer complaints helped U.S. airlines post their best ratings ever even though more flights were late and more bags were mishandled, according to a report released Monday by university researchers.

Virgin America topped the ratings, and three regional airlines scored at the bottom.

Among the four biggest airlines, Delta ranked best, followed by Southwest, American and United, according to researchers from Wichita State University and Embry-Riddle Aeronautical University.

The researchers have graded airlines since 1991 on government figures for on-time performance, mishandled bags, bumping passengers, and complaints filed with the U.S. Department of Transportation.

One of the report's authors, Wichita State business professor Dean Headley said the drop in complaints might also reflect "a certain amount of resigna-



A Delta Airlines jet passes an American flag during take-off at Los Angeles International Airport (LAX). DAVID MCNEW/GETTY IMAGES

tion" that "it's never wonderful for airline passengers."

It's not clear that the researchers captured the mood of travellers. No matter how much people gripe about airlines, very few of the millions of fliers ever bother to file a complaint with the government. The Department of Transportation, or DOT, received just 9,684 complaints last year after getting 11,447 in 2012. THE ASSOCIATED PRESS

### Key report findings

- **On-time performance:** Airlines operated 78.4 per cent of their flights on time in 2013, down from 81.8 per cent in 2012.
- **Bag handling:** The rate of lost, stolen or delayed bags rose 5 per cent.
- **Bumping:** The rate of bumping passengers from flights fell 8 per cent.
- **Complaints:** Consumer complaints to the government dropped 15 per cent in 2013 after rising 20 per cent the year before.

## Taco Bell tries to crack McMuffin fans



Taco Bell aims to eat into McDonald's breakfast profits. GETTY IMAGES

Taco Bell is taking another jab at McDonald's in a new ad for its breakfast menu in the U.S.

The fast-food chain will begin airing a TV spot that is set to the tune of Old MacDonald Had a Farm and shows a man who has been eating Egg McMuffins since 1984. After trying Taco Bell's breakfast, the man trims his mullet, switches to tighter pants, gets a smartphone and takes down his Loverboy poster.

It's a followup to another ad, which featured real-life men named Ronald McDonald professing their love of Taco Bell's

breakfast. If Taco Bell seems fixated with McDonald's, it's with good reason; McDonald's has long been the heavyweight in the fast-food breakfast category, with 31 per cent of the market, according to food-industry researcher Technomic.

Whether the strategy of going after the No. 1 player so directly translates to sustained sales is yet to be seen. McDonald's breakfast has been hugely popular since it rolled out the Egg McMuffin in the early 1970s, and getting people to think of Taco Bell as a place to get breakfast won't be easy.

Wendy's, for instance, has retreated from plans to expand its breakfast menu after testing the offering in select locations.

"We knew we had to have a disruptive marketing campaign," said Chris Brandt, Taco Bell's chief marketing officer, in a phone interview.

Taco Bell's breakfast menu is also fairly limited compared with McDonald's, which now includes oatmeal and the option to substitute egg whites in breakfast sandwiches. But Brandt said the company has additional offerings in development. THE ASSOCIATED PRESS

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# NO, DIVORCE IS NOT LIKE DIETING

Gossip magazines would have us believe that celebrities are “just like us” but the truth is quite the opposite. Sure, they might pump their own gas or shop at Whole Foods from time to time, but few of us plebs will ever truly live life like the rich and famous.

And so when Gwyneth Paltrow recently ended her 10-year marriage to Coldplay frontman Chris Martin, she didn’t release a statement regarding an impending divorce or separation; she took to her lifestyle blog GOOP to announce that they were “consciously uncoupling.”

It should come as no surprise that Paltrow, a woman known for her impossibly healthy diet and unattainable lifestyle, even does breakups better than the rest of us. The term ‘conscious uncoupling’ implies an enlightened and amicable process free of all of those messy emotions us regular humans have to deal with.

Always the trendsetter, Paltrow encourages her GOOP



**SHE SAYS**  
**Jessica Napier**  
metronews.ca

disciples to pursue this highly evolved approach to divorce. For just \$297, you too can enrol in an online course that will teach you how to separate like the stars. Relationship guru Katherine Woodward promises to guide participants through a five-week program designed to “release the trauma of a breakup, reclaim your power and reinvent your life.”

Call me cynical, but I don’t really buy into this New Age philosophy of an elegant and spiritually fulfilling divorce. Ending a long-term relationship is a complicated and extremely personal journey and Paltrow’s conscious uncoupling seems to oversimplify the process.

Trying to turn something as traumatic as a divorce into another item for your lifestyle blog seems to undermine the seriousness of the matter. A breakup announcement shouldn’t be a tidy little note sandwiched between advice on buying the perfect pair of jeans and a recipe for three-

bean salad.

I personally subscribe to the everything-in-moderation theory. That goes for junk food as well as raw emotions. Sometimes you just have to feel your feelings and yes, that can result in toxic behaviour such as finishing a bottle of wine by yourself while creeping through your ex’s Facebook profile.

Of course, excessive alcohol consumption and wallowing in self-pity are not GOOP-approved behaviours. Paltrow has transformed herself into an aspirational lifestyle brand and she’s made a lot of money in the process. She preaches a regimented way of life that few of us could ever hope to achieve. She has a sculpted yoga-made body, a fridge full of macrobiotic vegetables and all of her chakras in alignment.

But emotions are not gluten: You can’t simply go on an elimination diet and detoxify your mind. Experiencing feelings of sadness and grief at the dissolution of a marriage are totally normal and healthy, even if they don’t align with Paltrow’s Zen-like approach to living.

Follow Jessica Napier on  
Twitter @MetroSheSays



## ZOOM

### It’s a mammoth of a task



BUDDHIKA WEERASINGHE/GETTY IMAGES

#### Canadian sculptor hones her skills

Canadian sand sculptor Karen Fralich finishes Mammoth Under the Glacier, an installation at the Sand Museum in Tottori Dune in Tottori, Japan. The seventh annual sand sculpture exhibition hosted by the world’s first sand museum features the theme Russia, marking the 2014 Winter Olympic Game in Sochi. The exhibition is open from April 19 to Jan. 4, 2015. **GETTY IMAGES**

#### A dirty job

Fralich first started sculpting pottery clay at the age of 14 at a studio in Guelph, Ont.

- She developed her sculpting skills for 11 years, making small animal figurines.
- Eventually she was hired by a professional sand sculptor to create visuals for a mall exhibit.
- For the next four years,

she learned everything she needed to know about sand sculpting, while working full time in the food service industry.

- In 1998, she entered her first competition and soon after began working as a freelance sand sculptor full time.
- She’s a three-time world champion sand sculptor.

## METRO AUGMENTED REALITY

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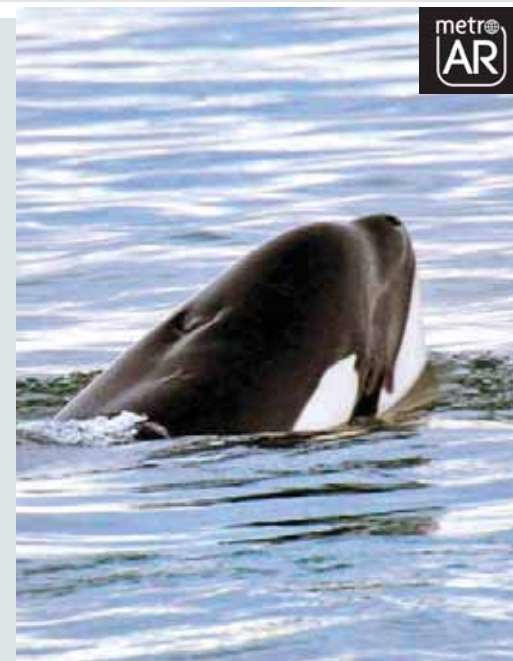
## MetroTube

### Scenery not so static in New Zealand



**ANDREW FIFIELD**  
metronews.ca

If you happen to be bobbing in open ocean, it’s good to know what a dorsal fin is attached to before deciding to drift over for a closer look. Especially if, like the surfers who saw this, you happen to be in New Zealand waters, where the orca population is around 200. Happily for them and us, everything worked out beautifully here. (Via YouTube user wackedcat)



GETTY IMAGES



# 2 SCENE

## Shy Birdy no longer waiting in the wings

### Teen songbird.

U.K. singer's career soars on the strength of her fragile songs

EMILY  
LAURENCE

Metro World News in New York City

She's an unlikely celebrity. Birdy, whose real name is Jasmine Van den Bogaerde, has to be prodded a bit to perform and is too shy to make small talk with the crowd. But when she sings, people listen. Like Lorde, she represents a new type of pop star — one that's less shiny, yet can't help but capture your attention.

"I love that there's such a range of pop and alternative music on the charts," Birdy tells us over the phone from Berlin, where she's performing at the Echo Awards. (She won Best International Rock/Pop Artist later that night.) She admits to listening to Taylor Swift just as much as Bon Iver, whose song *Skinny Love* she covered. The result catapulted her to fame.

"That song is so fragile and it reminded me of songs that I write. I really connected to it," she says.

Birdy released an album of cover songs in 2011 with her take on artists like Phoenix



Seventeen-year-old British singer-songwriter Birdy. BOO GEORGE

and Death Cab for Cutie. Now, she's releasing an album of her own original music this

summer, which she is currently on tour promoting.

"Releasing my own original music is both exciting and scary," she says. "The past few years have been full of new experiences and challenges, which I wrote about. (At first), I didn't want to write about anything really personal, but I ended up doing it because it's

hard to get around it." Birdy says that when she composes, the music often comes to her before the words do; she also explains that her songs are more about a feeling than a story.

Though her work is more ethereal and less bubble-gum pop, Birdy insists that she's a typical One Direction-loving teen. Still, most high schoolers can't brag about having a song on *The Hunger Games* soundtrack or collaborating with Mumford & Sons.

But despite her accolades, and perhaps in spite of her shyness, Birdy says the biggest highlight of rising fame for her has been travelling to Australia and playing to sold-out crowds.

### Striking a pose

Besides the stage, you can also see Birdy on billboards; she's the latest model in Gap's new campaign. It looks like this songbird is beginning to spread her wings.



### Review



**The Hobbit: The Desolation of Smaug**

Director. Peter Jackson

Stars. Martin Freeman, Evangeline Lilly, Orlando Bloom, Richard Armitage

A child's tale becomes more of a grown-up's in *The Desolation of Smaug*, the fire-breathing second chapter of Peter Jackson's ongoing screen trilogy based on J.R.R. Tolkien's *The Hobbit*.

Reluctant hobbit hero Bilbo Baggins (Martin Freeman) finds his courage and his possible curse, the latter threatened by the enchanted ring that will fuel further Middle-earth adventures.

Bilbo's still in the company of 12 dwarf warriors, led by exiled Prince Thorin Oakenshield (Richard Armitage), and they're joined by elf archer Legolas (Orlando Bloom), who isn't supposed to appear until the following *The Lord of the Rings* trilogy, as well as elf wonder woman Tauriel (Canada's Evangeline Lilly), an entirely new creation designed to add a needed jolt of estrogen to the proceedings.

It's a lot to take in, yet it serves to move the story forward, making us anticipate this fall's final chapter and confrontations.

PETER HOWELL

### Original music

"I didn't want to write about anything really personal, but I ended up doing it because it's hard to get around it." U.K. singer Birdy

### With her mum Paula Yates



The last tweet Peaches sent was on Sunday, when she posted a photograph of herself as a toddler with her mother and the caption: "Me and my mum."

Peaches Geldof, the wild-child second daughter of concert organizer Bob Geldof who filled the pages of British tabloids with her late-night antics as she flirted through the fashion and celebrity world, was found dead Monday at age 25.

There was no immediate word on the cause of her death at her home in Wrotham, Kent, southeast England but police called it "unexplained and sudden."

Peaches was only a girl of 11 when her mother Paula Yates died of a drug overdose

in 2000 and those who knew her said it hit her extremely hard.

Her father and family issued an anguished statement Monday about her death.

"Peaches has died. We are beyond pain. She was the wildest, funniest, cleverest, wittiest and the most bonkers of all of us," Geldof said. "Writing 'was' destroys me afresh. What a beautiful child. How is this possible that we will not see her again? How is that bearable? We loved her and will cherish her forever."

In an interview with the *Guardian* in 2009, Peaches acknowledged that she used drugs before but said she had stopped.

"Yeah, I've taken drugs. Yes, I have had experiences, and a few of those experiences were unsavoury, not ones I want to repeat, but I was growing up. I wanted the experience," she told the paper.

Peaches was married twice and leaves behind two sons, 23-month-old Astala and Phaedra, 11 months.

THE ASSOCIATED PRESS



A pregnant Peaches Geldof with her husband Thomas Cohen and their son Astala in 2013.

ZSL LONDON ZOO VIA GETTY IMAGES



# Aw geez, your Minnesotan needs work

**Fargo.** Vancouver dialect coach helped actors nail distinctive Midwestern accent

Aw geez, it wouldn't be Fargo without the distinctive Minnesota accents.

Vancouver-based dialect coach Tony Alcantar worked with actors in the new FX tele-

vision series Fargo — adapted from the famous 1996 Coen brothers' film — to get the sound just right.

"The Minnesota sound, in its extreme, is a more musical sound," said Alcantar, an improv actor by trade originally from Chicago.

Though the Chicago and Minnesota accents share a similar Midwestern flavour, Alcantar said the latter is more "sing-songy."

"I would say it's because the influence is more European," he said. "You're going to get that Germanic or Northern European lilt that the Swedes are known for, that the Germans are known for."

Alcantar, a Second City alum who teaches at the Vancouver Acting School, worked with actors auditioning for roles in Fargo. After reading snippets of the script, Alcantar says he wanted in on the project.

"The more I read the different scenes, I thought, 'Man, this is really good.' This is some of the best writing I've seen, and I've been living in Vancouver for 15 years," he said.

"So I emailed the producer in Calgary and I said, 'I would love to work on this show' and we had an interview going back and forth, and I got hired to do it."

Alcantar held sessions with the cast members before shoot-

ing, which took place in and around Calgary, and was on set to make sure they didn't slip up.

For actor Martin Freeman, who plays downtrodden insurance salesman Lester Nygaard, maintaining the right tone takes commitment.

"I stay in it every day. When I'm shooting, I'm always in it, because it would be too difficult to go from this to that," Freeman said in his natural way of speaking, a crisp British accent.

"So from the moment I get in the car, my workday, to the moment I get out of makeup, I'm speaking it. I hope I've got it, but it needs attending to. You need to work on it every day."

Allison Tolman, who plays a smart, young cop named Molly Solverson, hails from Texas, but has spent the last five years living in Chicago. So the Minnesota accent wasn't too difficult an adjustment.

"They're not the same ac-

cent, but they're cousins. They're close," she said.

"I think it's really nice. It makes it more sparse. They say less and they choose their words really carefully so there's more silence."

Keith Carradine, who plays Molly's dad, Lou, says the accent is important to the mood and tone of both the movie and film.

"It's a wonderful accent in that it has a kind of a benign patina that it lays over this really kind of sinister undertone of the things that are going on in this little community," he said.

THE CANADIAN PRESS

## Quoted

**"I stay in it every day. When I'm shooting, I'm always in it."**

Actor Martin Freeman on keeping his Fargo accent up to par

## Letterman leaving

**Fallon will still be best in late-night: NBC's Burke**

With Jimmy Fallon doing so well as Tonight show host, NBC's boss expresses no fear about who will replace David Letterman on CBS.

NBC CEO Steve Burke said Monday he doesn't believe Tina Fey or Jay Leno will be in the running to replace Letterman. He said Fey seems happy making movies and has a production deal to make shows for NBC. NBC is still talking with Leno about a deal to make specials.

THE ASSOCIATED PRESS

## The View

**Barbara Walters to retire May 16**

Barbara Walters plans to make her final appearance on The View on May 16, part of a day-long retirement celebration that will include ABC News naming its New York headquarters after her. Later that night, ABC will air a two-hour prime-time special on her career. THE ASSOCIATED PRESS



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Martin Freeman as Lester Nygaard in a scene from the new television show Fargo. MATTHIAS CLAMER/FX

# Drew Carey cruises into seventh year at The Price Is Right



Drew Carey, host of The Price Is Right, on the set in Los Angeles. CLIFF LIPSON/CBS

There's so much noise during an episode of The Price Is Right that producers of the soap opera The Bold and the Beautiful, which is taping nearby, need to be aware of the game show's schedule so the rowdiness doesn't disrupt the filming of a love scene.

It's a party in the hands of host Drew Carey, even as the concept hasn't changed through the years — make the best guess on how much that new car, entertainment centre or trip to Paris costs

## By the numbers

# 8,000

On Tuesday, April 8, The Price Is Right will air its 8,000th episode since the show debuted on CBS in 1972.

and you just may win it. On Monday, the game show's 8,000th episode since its CBS debut in 1972 aired. Nearly 70,000 people have "come on down."

The game has a blue-collar sensibility that the Cleveland-bred Carey reflects. That car or patio set, just the chance someone will take it home, creates a palpable excitement.

"All through my 20s I was broke," Carey said backstage before a recent taping. "I didn't start making money until I was in my 30s doing stand-up. I really don't take money for granted. I have a lot of empathy for people on the show, that's what I mean. I know what it must mean for

them to win \$5,000."

As he approaches his seventh year on the show, Carey has made it his own. That wasn't always the case, since he had the daunting task of replacing 35-year host Bob Barker.

Carey wasn't trying to imitate. But it was a little like moving into someone else's house, with all the furniture left behind. Under executive producer Mike Richards' direction, the set and prizes gradually changed. While

Barker looked natural offering a grandfather clock as a prize, it seemed silly for Carey. Similarly, it's hard to imagine Barker mustering enthusiasm for a smartphone or iPod. The show now uses video to introduce a trip instead of static set pieces. Carey also seems comfortable with contestants who are excessive in their enthusiasm. Loud music keeps the energy up during breaks, when Carey isn't telling jokes or talking to audience members. THE ASSOCIATED PRESS

# Remembering Mickey Rooney: Five great films

Mickey Rooney might be best remembered for his ceaseless ups and downs, his dramatic failures and his many come-backs. But Rooney's roller-coaster melodrama — he was married eight times and quickly spent the fortune he amassed — wouldn't have mattered if he hadn't also had genuine, enduring talent.

In the late 1930s and early 1940s, while under contract to MGM, Rooney was one of the most popular stars on the

planet. At just 19, he was the top box-office draw.

In Rooney's subsequent decades, things would rarely come as easily as his early stardom. But across movies, Broadway and television, his manic energy rarely flagged. Rooney, who died Sunday at age 93, remained working into his 90s, still driven to "put on a show."

Here are five of Rooney's most memorable movie roles.

THE ASSOCIATED PRESS



## A Midsummer Night's Dream (1935)

The production of Max Reinhardt and William Dieterle's Shakespeare adaptation had to be rearranged after Rooney broke his leg while skiing, enraging Warner Bros. head Jack Warner. But as the mischievous sprite Puck, Rooney (who did the play on stage before the movie) excelled in the dreamy film and it remains one of his finest and most enchanting performances.



## A Family Affair (1937)

It's the film that birthed Rooney's most famous role: Andy Hardy. Rooney would play Hardy, an all-American trouble-making boy, 14 more times over the next decade and again in the attempted revival Andy Hardy Comes Home in 1958. The films were hits. But while Rooney was portraying an idealized American boy — chasing girls (Judy Garland in three films) and getting lectures from his judge father (Lionel Barrymore in A Family Affair) — the young actor was leading the more tempestuous life of a child star.

## National Velvet (1944)

As a former jockey (a common role for the diminutive Rooney), the actor starred opposite an 11-year-old Elizabeth Taylor in her screen debut. The adaption of Enid Bagnold's tale was Rooney's last film before heading to war, a rare two-year gap in his otherwise constant output.



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## Babes in Arms (1939)

This big-screen version of the Broadway musical paired Rooney and Judy Garland. Rooney earned his first lead actor Oscar nomination for the film, which showcased his song-and-dance talent with numbers like The Lady Is a Tramp and Good Morning, later featured in Singin' in the Rain.



## Boy's Town (1938)

Spencer Tracy starred as the kindly priest Father Edward J. Flanagan, who ran a home for underprivileged boys. But Rooney shared top billing with Tracy, playing the school bully and pool shark, Whitey Marsh, who — with maximum corniness — is reformed in the end. For his performance, Rooney won a special Juvenile Oscar, an honour that was given to performers under the age of 18 from the 1930s to the 1960s, starting with Shirley Temple.





# Actor is living a teenage dream

**Tye Sheridan.** At 17, this young thespian has already starred opposite a handful of Oscar winners



**NED EHRBAR**  
Metro World News in Hollywood

Tye Sheridan may be one of the busiest teenagers in film. After an attention-grabbing start in 2011's *The Tree of Life* and 2012's *Mud*, 17-year-old Sheridan now stars in *Joe* — David Gordon Green's offbeat, darkly comic tale about a teenager (Sheridan) who befriends a surly ex-con (Nicolas Cage). Plus, Sheridan has four more films in the can, all set to come out this year. Somebody's a bit of an overachiever.

**You got to take this film to a bunch of international festivals last fall. How did the reactions differ?**

It's weird watching it with a foreign audience because



Tye Sheridan stars in the darkly comic tale *Joe*, alongside Nicolas Cage. CONTRIBUTED

they don't get a lot of the American humour. It's not just this demented, dark drama. When we screened in Venice or Deauville (I can't remember which), I was sitting on the second balcony, so I could see down into the audience and there was a group of old ladies that came to see the film and

when [Nicolas Cage] beats up the wino, six old ladies just get up and walk out of the theatre. It was kind of funny to watch.

**What are you looking for in future roles?**

I don't know, anything that gives me a challenge. Anything that I have passion

for, that I love the material. I worked on a film called *Grass Stains* last summer with a writer-director named Kyle Wilamowski, and he's been working on this for, like, eight or nine years, and this is his first feature. It's always fun to work with someone like that because you

## One to watch

- **Born.** November 11, 1996 in Elkhart, Texas.
- **First feature film.** *Tree of Life*, where he starred alongside heavyweights Brad Pitt and Sean Penn.
- **Next up.** Tye Sheridan just finished a film called *Dark Places* with Charlize Theron and Chloe Grace Moretz.

know they've put their heart and soul into the project. I love doing small, independent stuff because this is what people really care about. And I just did a film called *Dark Places*. It's an adaptation of a novel by Gillian Flynn. My character is convicted of murdering his family, so it's going to be really dark. He's kind of satanic, too.

**Is there ever any consideration about your age as far as what subject matter is OK**

## and what isn't?

You know, that's one of the coolest things about acting, I think, that you can be someone you're not. I mean, that's not you on the screen. Some of these characters are nothing like me. I'm not violent at all. I've never been in a fight. And it's like, every film that I've been in I've gotten into some kind of fight. It's cool because it gives you a challenge and you get to experience things that you normally wouldn't in your own personal life.

**And it tells you a lot about how people perceive you.**  
Yeah, definitely (laughs).

**You've already worked alongside the likes of Nicolas Cage, Matthew McConaughey, Brad Pitt. Any dream co-stars still on your list?**

I want to work with James Franco, just because he's such a mystery man, you know? What is he? Is he a director, a writer, an actor? An artist? He's a cool guy.

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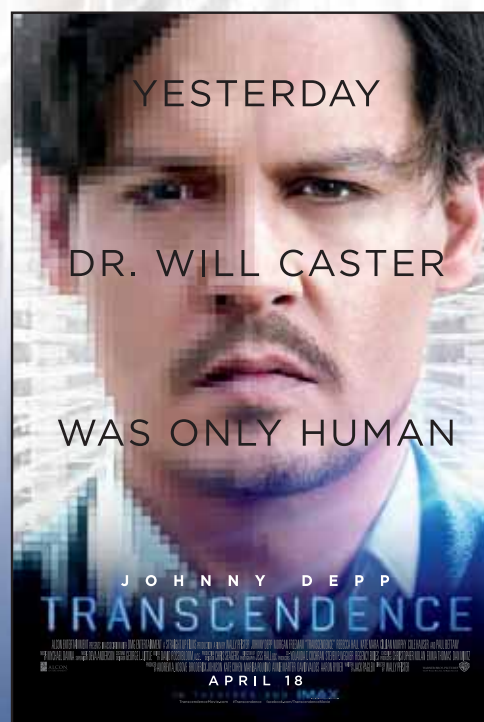
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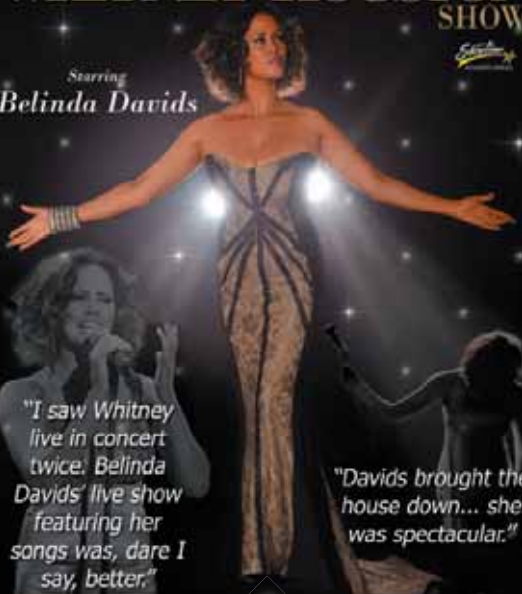
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# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

## The Word



### Maisie Williams says Arya Stark is rotten inside

MELINDA TAUB  
 Metro World News

It's tempting to keep defending little Arya Stark, who's one of the closest things to a protagonist that Game of Thrones has. But (spoiler alert) as those who saw Sunday night's season premiere know, Arya is well on her way to becoming a stone-cold killer. Even Maisie

Williams, who portrays Arya, says her days of being a sweet kid are behind her.

"This year, at the end of Episode 1, just when you thought things were going downhill, you're treated to an Arya whose heart is now black, and she's rotten on the inside," Williams told the Daily Beast.

Having lost both parents and (she believes) all her brothers, Arya's transformation is understandable — but, Maisie says, it may also be irrevocable, even if Arya gets good news. "Even if Arya knew that Sansa, Bran, Rickon and Jon Snow were alive, I feel like she'd just go, 'Cool ... good luck,'" she says.

### Richard E. Grant's 'naughty' tweet from the Downton Abbey set

Downton Abbey creator Julian Fellowes is all about decorum and manners, and that sometimes means setting limits for his actors on things like Twitter.

"We had to explain to the cast about the dangers of tweeting as no one realized how interested everyone was in the show," he tells the Telegraph.

"You're in a bubble when you're filming. You're just tweeting these nice things and you don't realize there are millions of people worldwide trying to pick up the plot."

Someone apparently didn't get the memo, though, as new cast-member Richard E. Grant tweeted a photo of himself in costume on the Downton Abbey set. "He's very naughty," Fellowes says.



Richard E. Grant tweeted this photo of himself on the set of Downton Abbey.  
 TWITTER



Kevin Spacey GETTY IMAGES

### Kevin Spacey doesn't want a part in your crappy movie

Kevin Spacey has certainly earned the right to be picky about his acting gigs. Just ask him. "Unless it's a really significant role, f—k off. I'm not playing someone's brother. I'm not playing the station manager. I'm not playing the FCC chairman," he tells the Hollywood Reporter in a rather candid interview.

"There are a lot of people out there who offer roles to actors because they'll elevate their movie to a place the movie would never reach. They offer them a s—load of money for a crap part, but it doesn't make the movie any better. And I'm not interested in elevating someone's crap movie."

### Is Naomi Campbell attracted to Magneto?

Naomi Campbell is about to make millions of women — not to mention more than a few men — jealous, as the supermodel is reportedly dating Michael Fassbender, star of 12 Years a Slave, Shame and X-Men: Days of Future Past, according to U.K. daily The Sun. Sources spotted the pair recently meeting up at London restaurant Coya, where they didn't shy away from public displays of affection. Campbell and Fassbender were "openly hugging and kissing," a source says. "At one point, they even started snogging."

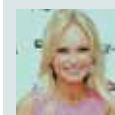


Naomi Campbell GETTY IMAGES

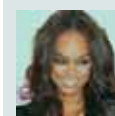
## Twitter



**@lenadunham**  
 Mickey Rooney got all the best babes despite being short as hell. #RIP beautiful man



**@KChenoweth**  
 The only good thing about being stuck in bed is starting #GameOfThrones. Now addicted.



**@tyrabanks**  
 Just so you know, no one...I mean NO ONE comes between me & my BBQ ribs!



# Taking fitness to the next level

You're going to the gym religiously and loving it, but something seems to be missing. It may be time rethink the way you look at exercise by adding new elements to your routine. The experts break down the benefits of rounding out the way you work out.

IZABELA SZYDLO [life@metronews.ca](mailto:life@metronews.ca)

## Massage therapy

"Before you start training, massage therapists can identify areas of weakness through a thorough assessment," says Omar Lunan, a registered massage therapist (RMT) and owner of the Toronto-based mobile massage therapy clinic Core Care Wellness Centre ([corecarewellness.ca](http://corecarewellness.ca)).

"Treating structural imbalances can eliminate pain and help focus on other areas that need strengthening. Delayed onset muscle soreness and slight inflammation are common post-workout concerns. Massage can decrease lactic acid build-up by increasing local circulation to muscles, decrease inflammation and directly affect muscle tone. If your range of motion isn't Olympic standard, which for most people it isn't, identifying if the restriction is neurologically based will allow an RMT to employ passive, active or resisted types of stretching to change muscle length and allow for more freedom. After a workout, a relaxation-focused treatment can ensure a good night's rest, essential for post-workout repair."



## Meditation

"Yoga offers many physical benefits — increased strength, improved flexibility, stress relief — but students often discover that the greatest side effect of yoga is how it benefits the mind," says Annabel Fitzsimmons, a yoga instructor with 15 years of teaching experience, who can be found at [annabelfitzsimmons.ca](http://annabelfitzsimmons.ca).

"At its core, yoga is about creating awareness and heightening the mind-body connection. As we pay close attention to alignment and the physical sensations of each posture, and become conscious of the breath and its effect on the body, we train our minds to let go of the distractions that constantly fill our heads. Through yoga we can experience a meditation in motion, letting the mind become focused and calm as we move from posture to posture."



## Cardio and resistance mix

"To maximize fitness levels, having a balance of cardio and weight training in your fitness regimen is key," says Christian Alvarez, fitness director at Toronto's Strength-N-U fitness facility ([strength-n-u.com](http://strength-n-u.com)). "Lifting weights prior to doing cardio ensures that glycogen (the body's readily available energy source) is depleted so stored energy (fat) is used

immediately after. Safely pushing your limits with a routine that includes cardio and resistance will directly affect muscular and cardiovascular strength, and endurance. This means less fatigue and the ability to train faster, longer and harder. Because the heart is also a muscle, the increased output of blood increases the 'pump' feeling while weight training, resulting in burning more calories per workout and an increase in your metabolism for the day."



## Cleanse

"Weight loss is 80 per cent food and 20 per cent exercise but it is 100 per cent about how you feel. Bloating and digestive discomfort make your pants fit poorly and your self-esteem take a nosedive. So, I always suggest that clients 'cleanse,' but not with liquid diets. What works is removing or reducing foods that contain baker's yeast (which can cause bloating)

and adding chia. This super-powered seed swells to absorb water in the bowel and gives you a solid happy, um, 'go.' A flatter tummy is more motivating than a liquid cleanse that can cause too many uncomfortable trips to the toilet. Start with a teaspoon sprinkled on breakfast and build up to a tablespoon each day. You will also help curb the appetite that can actually increase when you start a gym routine," says nutritionist Theresa Albert of [myfriendinfood.com](http://myfriendinfood.com).



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# A stew that doesn't discriminate

## Healthy Solutions

### The most wonderful time of the year



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Theresa Albert  
DHN, RNCPT  
myfriendinfood.com

It's beginning to look a lot like Community Supported Agriculture (CSA) season!

Ever popular in farming communities and springing up everywhere in cities, a box of seasonal veggies, fresh from the farm, is a welcome part of our growing season. There is nothing like knowing the person who planted, coaxed to life and harvested your food. To see the grimy hands (sorry, farmers, but it's true!) that spend hours in the earth for your health and enjoyment corrects the perspective on how much food should cost and where it should come from.

The only objection I have ever encountered to ordering a CSA box is the foods that can arrive at your door that are completely new to you. Not knowing how or what to cook can be an issue. Keep these rules in

mind:

- Most root vegetables are interchangeable in recipes. If yours calls for turnip and you only have some gnarly Jerusalem artichoke or parsnips, use them.
- Cut the leaves off everything as soon as you get them. Store them separately and use them as you would any dark leafy green: in salad or sautéed. Carrot tops, beet tops and radish tops are all edible and delicious!
- Don't rinse greens until you are about to use them. Then, spin them well and store with a paper towel in plastic in the crisper.
- Kale, spinach and chard are also interchangeable either raw or cooked. One exception is that collards take a little longer to cook and are too tough to be eaten raw.
- Any herb can be blended with olive oil and stored in ice cube trays. Then a freezer bag will hold them until you are ready to stir them into any soup or sauce.

Google "CSA" in your area. It will force you to experiment with new recipes and expose you to new nutrients.

**THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND TORONTO PERSONAL NUTRITIONIST. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM**



**Any Vegetable Coconut Stew.** Throw in leftovers, favourites and any other veg you may have in your crisper for a hearty meal

**THERESA ALBERT**  
Metro World News

## FLASH FOOD



From your fridge to your table in 30 minutes or less

You know how you end up with a bunch of stuff in the fridge and you don't know what to do with it?

This Any Vegetable Coconut Stew is great for vegetarians, vegans, gluten-free peeps as well as the rest of us hungry and hurried.

Feel free to add leftover chicken, beef or pork to bump up the protein. No need for rice because there are plenty of starchy carbs in the roots.

Any root vegetable can be used in combo to about six cups chopped. Peel rutabaga, Jerusalem artichokes and parsnips but leave peels on potatoes, carrots, turnips and sweet potatoes.

Any green can be stirred in at the end: kale, spinach, chard, beet greens or even zucchini.

1. Heat a large pot over



This recipe serves four. THERESA ALBERT

## Ingredients

- 1 tsp grapeseed oil
- 1 onion, chopped
- 1 tbsp curry powder
- 2/3 cup cashews
- 1 small sweet potato
- 1 parsnip, peeled
- 1 large turnip
- 1 can coconut milk
- Dash hot sauce, to taste
- 1 cup chopped kale (or spinach, chard or beet greens)

medium heat, add the grapeseed oil then chopped onion and stir for 3 minutes until softened and slightly browned.

2. Stir in the curry powder and then the cashews. Allow that to cook for about 2 minutes.

3. Chop the small sweet potato, peeled parsnip and turnip and add all of them to the pot.

4. Pour the can of coconut milk and hot sauce (your favourite) and cover the pot to simmer for about 10 minutes.

5. Stir in the chopped kale or whatever greens you like. Cover and allow to cook for about 2-4 more minutes. Ladle into bowls. **THERESA ALBERT IS A FOOD COMMUNICATIONS SPECIALIST AND TORONTO PERSONAL NUTRITIONIST. SHE IS @THERESAALBERT ON TWITTER AND FOUND DAILY AT MYFRIENDINFOOD.COM**

## Ingredients

- 4 large poblano peppers
- 2 red bell peppers
- 2 tbsp olive oil
- 2 cups of chopped red onions
- 3 to 4 lbs pork butt
- Kosher salt and black pepper
- 1 tbsp ground cumin
- 8 large raw tomatillos
- 6 to 8 large cloves garlic
- 1 heaping cup fresh cilantro
- 1/2 cup lime juice
- 1 quart low-sodium chicken stock
- 12-oz bottle beer (any kind)
- 1/2 cup jarred sliced jalapenos
- Two 15-oz cans hominy, drained
- Flour tortillas or rice, to serve

## Spotlight fresh 'salsa verde' purée in stew

1. Heat the oven to 400 F.

2. Place poblano and bell peppers on rimmed baking sheet and roast in oven until they blister, 20 minutes, using tongs to turn halfway through. Transfer bell peppers to heat-safe bowl, then cover bowl tightly with plastic wrap. Let peppers steam 10 minutes, then remove them and slip off the skins. Cut out stems, then remove and discard seeds. Finely chop the bell peppers. Set the poblanos aside.

3. Heat Dutch oven or heavy duty pasta pot over medium. Add olive oil and onions. Sauté for about 10 minutes, or until the onions become translucent.

4. Season pork with salt, pepper and the cumin. Add pork to the pot with the onions and brown on all sides.

5. Meanwhile, peel tomatillos and cut into quarters. In a blender, combine tomatillos, garlic, cilantro, lime juice, poblanos and 1 teaspoon salt. Purée for a few minutes or until lique-

fied. This may take a few tries and you may need to stir contents of blender a few times to make tomatillos and cilantro blend together. Set aside.

6. Once pork browns, add chicken stock, beer and the puréed tomatillo mixture. Stir well, then add jalapenos and reserved red peppers. Bring to boil, then reduce heat to a simmer. Simmer, stirring occasionally, for 2-3 hours, or until pork breaks into pieces easily and liquid has reduced by about a fifth. 30 minutes before stew

is done, stir in hominy. **THE ASSOCIATED PRESS/ ELIZABETH KARMEL, AUTHOR OF SOAKED, SLATHERED AND SEASONED.**

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NHL

## Wild shut out descending Jets

Charlie Coyle scored the game's only goal and Ilya Bryzgalov made 24 saves as the Minnesota Wild defeated the Winnipeg Jets 1-0 on Monday.

Coyle's one-timer off a pass from Zach Parise at 1:05 of the second period came just after a penalty to Winnipeg defenceman Mark Stuart had expired.

The Wild (41-26-12) all but clinched a Western Conference wild-card berth with the win. Minnesota would need to lose its final three games with Phoenix winning four straight in order for the Wild to miss the playoffs.

The Jets (35-35-10) will miss the playoffs for the seventh straight season stretching back to their time as the Atlanta Thrashers.

THE CANADIAN PRESS

MLB

## Veteran Lackey helps Sox end skid

Veteran right-hander John Lackey and rookie outfielder Jackie Bradley Jr. teamed up to give the Red Sox their first win at home.

Lackey provided the pitching, Bradley contributed hitting and fielding, and Boston stopped a three-game slide with a 5-1 victory over the Texas Rangers on Monday night.

"I definitely want to pound the strike zone," Lackey said. "I want people to know I'm going to throw strikes. If you're going to get me you better get me quick because I'm coming after you."

THE ASSOCIATED PRESS

# Huskies' seniors tame young 'Cats



Shabazz Napier of the Connecticut Huskies drives to the basket against the Kentucky Wildcats on Monday night in Arlington, Texas. JAMIE SQUIRE/GETTY IMAGES

**NCAA men's basketball.** UConn wins its fourth national title thanks in part to Kentucky's trouble at the free-throw line

No conference wanted them. Several teammates and their coach left them. The NCAA kept them out for a year.

UConn won it all anyway. Shabazz Napier turned in another all-court masterpiece Monday night to lift the Huskies to a 60-54 win over Kentucky's freshmen and a national title hardly anyone saw coming.

Napier had 22 points, six rebounds and three assists, and his partner in defensive lock-down, Ryan Boatright, finished with 14 points.

Napier kneeled down and put his forehead to the court for a long while after the buzzer sounded. The senior guard was wiping back tears when he cut down the net.

"You're looking at the hungry Huskies," Napier told the crowd and TV audience. "Ladies and gentlemen, this is what happens when you banned us."

Yes, it is only a short year since the Huskies were barred from March Madness because of grade problems. That

National title game	
60	54
Connecticut	Kentucky

stoked a fire no one could put out in 2014.

UConn (32-8) never trailed. The Huskies led by as many as 15 in the first half and watched the Wildcats (29-11) trim the deficit to one with 8:13 left. But Aaron Harrison, Kentucky's big-moment shooter in the last three games, missed a three-pointer from the left corner that would've given the 'Cats the lead. Kentucky never got closer.

One key difference in a six-point loss: Kentucky's 11 missed free throws — a flashback of sorts for coach John Calipari, whose Memphis team blew a late lead against Kansas after missing multiple free throws in the 2008 final.

The Wildcats went 13-for-24. UConn went 10-for-10, including Lasan Kromah's two to seal the game with 25.1 seconds left.

"We had our chances to win," Calipari said. "We're missing shots, we're missing free throws. We just didn't have enough."

THE ASSOCIATED PRESS

Quoted

"I've got a lot of heart and I wasn't coming out."

Connecticut guard Ryan Boatright, on playing through an ankle sprain.

# Yzerman's stay in Tampa Bay extended



Steve Yzerman signed a four-year extension with the Tampa Bay Lightning on Monday. BRUCE BENNETT/GETTY IMAGES

The Tampa Bay Lightning have signed general manager Steve Yzerman to a four-year contract extension.

The Lightning have made the playoffs twice in four seasons under Yzerman's watch, reaching the Eastern Conference final in 2011.

Tampa Bay has already qualified for this season's playoffs and is currently in third place in the Atlantic Division.

"I'm grateful for the opportunity to continue the

process we started four years ago and would like to thank (owner) Jeff Vinik for entrusting me with the responsibility of leading the Tampa Bay Lightning," Yzerman said in a statement. "I'm very excited about what lies ahead for our organization and truly enjoy working with a fantastic group of people in Tampa Bay."

Yzerman, who has one year remaining on his initial contract with Tampa Bay, also served as executive director of Canada's gold-win-

ning Olympic men's hockey teams in 2010 and 2014.

Yzerman spent 27 seasons with the Detroit Red Wings as a player, captain and front-office executive prior to joining the Lightning.

The Hall of Famer ranks sixth in NHL history with 1,755 career points. He is a four-time Stanley Cup Champion, winning three as a player in 1997, 1998 and 2002 and another as a member of Detroit's management team in 2008.

THE CANADIAN PRESS



# Farewell Jeter tour in full swing

**MLB.** Yankees captain pleases Bronx crowd in home-opener win against rival Orioles

Derek Jeter arrived for his last Yankee Stadium opener fashionably early at 9:35 a.m., attired in a grey suit, white shirt, purple tie and black Prada lace-up shoes.

His performance, if not stylish, was memorable.

Jeter missed a home run by about two feet in Monday's 4-2 win over the Baltimore Orioles. After he left the batter's box slowly leading off the fifth inning, the ball hit off the "8" in the 318-foot sign in the left-field corner and Jeter hustled into second with a headfirst slide.

"I had to pick up the pace a little bit," he admitted. "Yeah, there were some guys laughing — until a couple of them hit some balls and the wind got them, too."

It was a rare mind cramp for a player known for hustle and an unfailing ability to be in the right place.

"Maybe you get caught up in opening day," he said. "You probably haven't seen it, probably won't see it again. But what can you (do)? I was safe. It would be a lot more embarrassing if I was out."

Jeter scored one run, sent another home with a double-play grounder on a 1-for-4 day and was applauded every time he came to bat and fielded a grounder to shortstop.

This was Jeter's first appearance in New York since announcing Feb. 12 that his 20th season will be his last. With the retirements of Jeter's No. 2 and former manager Joe Torre's No. 6 likely, the 48,142 adoring and slightly frosted fans on hand during a cool and overcast afternoon almost surely were



Derek Jeter rounds third base to score a run for the Yankees against the Orioles on Monday in New York City.  
ELSA/GETTY IMAGES

## Quoted

**"A lot of people get caught up in the disease of 'me.' Derek never fell in that."**

Buck Showalter, Derek Jeter's first big-league manager

the last to witness a single-digit pinstriped uniform on opening day.

Since first coming up to the big leagues in 1995 and establishing himself the following year, Jeter had been model Yankee, continuing the line of greatness that began with Babe Ruth and Lou Gehrig, and was extended by Joe DiMaggio, Berra and Mickey Mantle. He became captain in 2003 and still talks of owner George Steinbrenner instilling the compulsive obsession to win, recalling "if you didn't do your job, the

Boss would get rid of you."

Seeing a business bonanza, the Yankees were selling jerseys with Jeter commemorative retirement patches, starting with replicas at \$114.99 and going up to \$240.99 for authentic models. Steiner Sports was hawking a game-used single cleat for \$2,549.99 and game-worn jerseys at up to \$25,000.

Jeter didn't have much hope of leaving the ballpark with any mementoes.

"I'm good taking the win," he said, "but Steiner Sports has the rest." **THE ASSOCIATED PRESS**

## Around baseball

- **A's 8, Twins 3.** Yoenis Cespedes had a pair of RBIs to help the Oakland A's spoil the Minnesota Twins' home opener on Monday.
- **Cardinals 5, Reds 3.** Michael Wacha outdid Tony Cingrani in a rematch of young arms and the St. Louis Cardinals topped the Cincinnati Reds in their home opener on Monday.
- **Royals 4, Rays 2.** Jason Vargas took a shutout into the ninth as Kansas City beat Tampa Bay Monday. Rays starter Matt Moore came out in the fifth with a sore left elbow.

## Hammerin' Hank. Braves to fete anniversary of Aaron's home run record

Hank Aaron was more relieved than jubilant after he broke Babe Ruth's home run record on April 8, 1974.

The 40-year anniversary of his 715th homer provides a different perspective.

Aaron's record-breaking homer will be celebrated on Tuesday night before the Atlanta Braves' home opener against the New York Mets.

Hate mail and threats made it impossible for him to savour the chase of Ruth's revered record, but on Monday he said he'll enjoy the anniversary because such old friends as former teammate Dusty Baker will return for the pregame ceremony.

"I guess that's just about what it's all about, really," Aaron said in a telephone interview. "That's it. The moment itself has passed. The home run was hit and whatever else. It's just enjoying some moments with friends."



Hank Aaron GETTY IMAGES FILE

Aaron, 80, said he is pleased with his recovery from partial left hip-replacement surgery in February. He hurt his hip when he slipped on ice and said he's still in rehab, but can walk.

**THE ASSOCIATED PRESS**

## Drake. Raptors' global ambassador making noise Canada can applaud



CATHAL KELLY  
edmonton@metronews.ca

Outside of Toronto — and for many inside it as well — giving Drake the job of Raptors' global ambassador was stunt casting.

On the day he was revealed at an ACC press conference, he soaked up all the light in the room — always a bad sign for future calm waters.

But six months after what should have been a fun PR goof, Drake continues to double down on his sports pledge.

Buoyed by his formal connection to a pro team, he is becoming America's most famous fan. As such, he is also becoming America's

most hated fan — because the two things go together.

The problem with Drake, from America's perspective, is this suspicious level of Canadianness. As someone with pull and the evident will to use it, he is getting a little too close to the main source.

Eventually — and the moment is coming soon — Drake will become an American villain. The first time a major star with choices picks Toronto over L.A., we're going to hear a lot about tampering. That story's coming soon.

**FOR MORE OF CATHAL KELLY ON DRAKE'S IMPACT IN SPORTS, GO TO METRONWS.CA/VOICES**



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## Horoscopes

### Aries

March 21 - April 20

It's not always easy to get along with other people and today's Sun-Mars aspect will challenge you to be more accepting. From other people's point of view you are often the one making too much noise.

### Taurus

April 21 - May 21

It may seem as if your time and energy has been wasted but that's not true. By the end of the week you will realize you have gained in unexpected ways.

### Gemini

May 22 - June 21

Don't cling to ideas that are well past their sell-by date. They may seem comfortable now but later on they will hold you back. Time never stands still, and nor should you.

### Cancer

June 22 - July 23

It may at times appear as if life is conspiring against you but you know that isn't true. Most likely your negative thoughts are attracting negative events. Look for reasons to be cheerful today.

### Leo

July 24 - Aug. 23

Do you like a challenge? Of course you do. If you want to remain a contender, especially on the work front, you will need to up your game over the next two or three days. Winning is everything.

### Virgo

Aug. 24 - Sept. 23

Because you have something to prove you won't hesitate to make things happen over the next 24 hours. Not everyone will be happy that you have disturbed the status quo but for you it will be worth it.

### Libra

Sept. 24 - Oct. 23

Creative endeavors are under excellent stars, so if there is an artistic project you want to get started on don't wait. There is no such thing as the perfect time — the present moment is all you ever have.

### Scorpio

Oct. 24 - Nov. 22

Try not to take what you see and hear personally today, not even if others make it personal. Sometimes it's better to let annoying issues sail over your head.

### Sagittarius

Nov. 23 - Dec. 21

The planets indicate the more you are on the move the more likely it is you will meet new people and learn new things — and knowledge is the basis of real power.

### Capricorn

Dec. 22 - Jan. 20

Interesting opportunities are opening up but they will bring an increase in responsibilities too. You only have so much time and energy to spare, so use them carefully.

### Aquarius

Jan. 21 - Feb. 19

The efforts you have put in over the past few months will pay off in a big way eventually, so don't get disheartened if it seems you are not making much progress. A great transformation is taking shape.

### Pisces

Feb. 20 - March 20

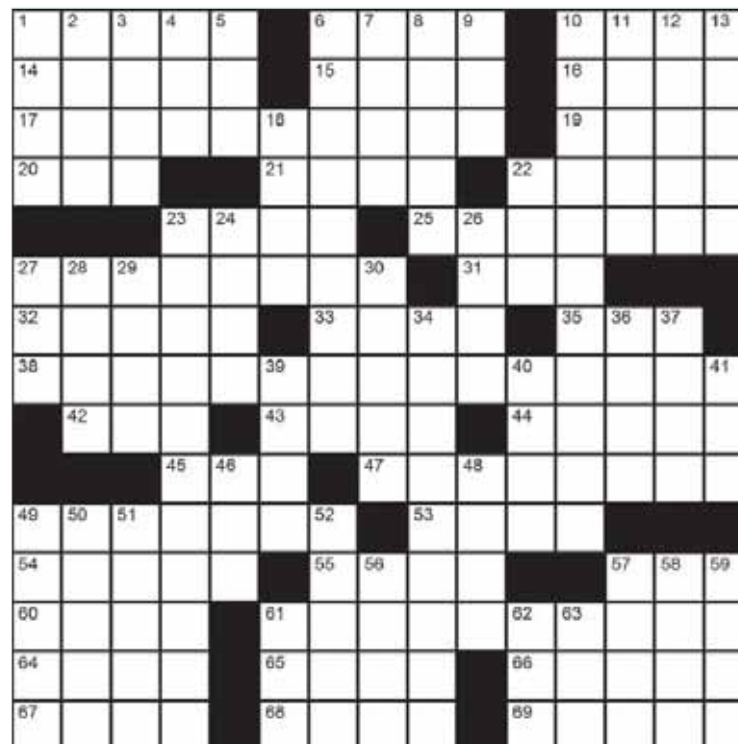
If someone needs your help today you will give it. However, after you have saved them yet again let them know you are tired of riding to the rescue. They need to take responsibility for themselves.

SALLY BROMPTON

## Crossword: Canada Across and Down

### Across

1. Caterpillar, for example
6. Ring stone
10. Baseball cheers-getters
14. Duck
15. I like = 'I'
16. "In \_\_\_!" (I'm almost done!)
17. "North of 60" is an item on this Canadian singer/actor's resume: 2 wds.
19. Moon goddess
20. She's a sheep
21. Panache
22. 19th-century French composer, Georges \_\_\_
23. Susan Aglukark's "\_\_\_ Na Ho (Celebration)"
25. "Colored Sands" technical death metal band from Quebec
27. \_\_\_ Bay, N.S.
31. Brit's bathroom
32. Poison
33. Twofold
35. Ms. Vardalos
38. Measurers of public support in politics: 2 wds.
42. "S" in SPCA [abbr.]
43. "\_\_\_ sure you're aware..."
44. The \_\_\_ (International Court of Justice site)
45. Enterprise's letters



47. France/Spain mountains
49. \_\_\_ Salamander (Eastern Canada creature)
53. Mr. Stiller's
54. Garbage
55. Land unit
57. Mr. Kilmer

60. Strait of Belle \_\_\_
61. Montreal \_\_\_ (Pantry item)
64. Prophet
65. "The \_\_\_ Wing"
66. Elliptical path
67. \_\_\_ d'oeuvre
68. Ballpark figs.
69. Requires

### Down

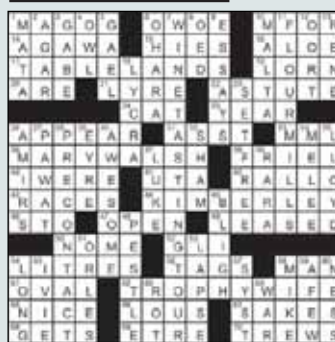
1. Behind
2. Affirm
3. Eternal City
4. Vikram \_\_\_ (Celebrity chef based in Vancouver)
5. U.S. tooth doc's org.
6. MLB team in Calif., \_\_\_
7. Tower of note
8. In with
9. "Dancing with the Stars" middle-chair judge
10. Halifax people
11. Vehicles-manu-

See today's answers at [metronews.ca/answers](http://metronews.ca/answers).

BY KELLY ANN BUCHANAN

- facturing company based in Tokyo
12. Dogma
13. Sings a bit of jazz
18. Wrestler, John \_\_\_
22. Richie, to Joanie [abbr.]
23. Canadian coiffure chain, First Choice \_\_\_
24. "There \_\_\_ time left."
26. Stewpot
27. Harper Valley gr.
28. Crops
29. Montreal baseball player, once
30. Spring flower
34. Soldiers' kids, colloquially: 2 wds.
36. William \_\_\_ (1953 Pulitzer-winning playwright for Picnic)
37. Chill
39. Flowers displayer
40. Subsequently
41. Author Ms. Hinton's
46. Sault \_\_\_. Marie, ON
48. Stink
49. Basketball-in-basket sound
50. Lovely stroll
51. Saskatchewan town
52. Schedule times
56. "\_\_\_ magnifique!"
57. Feeling
58. \_\_\_-tongued
59. Permits
61. Stockholm is its cap.
62. Ben, to Brian
63. \_\_\_-game show

## Yesterday's Crossword



## Sudoku

### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.

## Yesterday's Sudoku



## Weather

### TODAY



MAX: 15°  
MIN: 4°

### WEDNESDAY



MAX: 5°  
MIN: 2°

### THURSDAY



MAX: 3°  
MIN: -1°



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